

FAMILY CENTRE weekly timetable



From Tuesday 9th September to
Thursday 24th October 2025 (term time only)

- Stay and play sessions for families with children from birth to 5 years old
- Parenting programmes with bookable creche spaces
- 1:1 meetings with a family worker
- Weekly Baby Hub for general health or 1:1 breastfeeding support from the Health Visiting team, Peer Supporters and Family Workers
- Hello Baby 4 week antenatal course



SETTLEMENT
SITE, DUCIE
ROAD



www.wellspringsettlement.org.uk info@wsb.org.uk
Settlement Site, 43 Ducie Road, BS5 0AX - 0117 955 6971
Wellspring Site, Beam Street, BS5 9QY - 0117 304 1400

A company limited by guarantee, registered in England and Wales (05031499) and a registered charity (1103139)

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Mondays

10 to 11.30am Coffee Morning and under 5s Stay and Play for Barton Hill Families only

Tuesdays

11.30am to 12.30am Baby PEEP 0-12 months

1.30 to 3.30pm Hello Baby 4-week antenatal programme (book with your midwife)

Wednesdays

10 to 11.30am Stay and Play for under 5s

12.30 to 2.30 pm Food Club (membership only)

12.30 to 2pm SEND & You and Bristol Parent Carers support services **monthly**

Thursdays

9.15am to 12.15pm SFSC parenting programme
start date 18th September 2025 (for 13 weeks)
excluding school holidays. Free creche

9.30am to 12.00pm 4 Week **Parenting Puzzle** parent course. Free Creche. Starting 25th September 2025

1 to 2.30pm Baby Hub and infant feeding support.
Last entry 2.15pm

Weekly confidential meetings offering 1:1 support and signposting to other services to ensure you and your family get the best experience, support and advice possible. Please speak to a worker to book a time suitable for you.

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