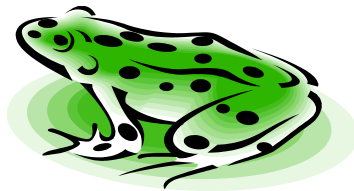


# NEWSLETTER OCTOBER 2021



## ST PHILIP'S MARSH NURSERY SCHOOL

I am delighted to report that all the new children and returners have settled in well and there is a lovely atmosphere in the school. The children are busy learning and making friends.

### Colour and light

After half term we will be working with the children on the theme of colour and light. The children will be learning about autumn and seasonal changes, bonfires and fireworks, the Hindu festival of Diwali and the Christian celebration of Christmas. The children will also be learning about mixing colours and experimenting with a range of art techniques.



### Primary School Applications

Please remember that the deadline for applying for a Reception class place for your child is 15 January 2022. The Council are requesting that this is carried out on line [www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions). Please let us know when you have applied.

### School meals price increase

In accordance with the catering contract under which St Philip's Marsh Nursery School meals are provided by Chartwells, the new price for a school meal will be **£2.15 from Monday 1 November 2021**.

### Car park and child safety

Your child's safety is our number one priority at all times. We ask you to make sure that this is yours too. Every school in Bristol has an issue with parking and we are no exception. We are fortunate that we have a small car park at the front of the premises that parents can use. This can get very congested and if you are in a hurry it is best to park in a nearby

side street. Walking, cycling and lift sharing are all ways in which to reduce congestion.

We encourage everyone to be tolerant and respectful at all times when using the car park.

Please ensure you keep a close eye on your child whilst walking in and out of the school and do not walk through the car park (use the gated pathways to the side of the building). **Please do not park in the car parks of local businesses (Fox Storage and Grundons).**

### Staffing changes

We would like to welcome Meseret who will be helping the children at lunchtime and Lauren who will be working with the children in Fir Class.

### Donations

The School provides free milk for all children. We do, however, rely on donations of fruit/vegetables that the children can share at snack time e.g. apples, cucumber, carrots. If you could bring in a small amount each week it would be greatly appreciated. We would also appreciate donations of **boxes of tissues** for the children's use.



### School Library

The School library is open. Please use it! The best way you can help your children learn to read is by enjoying reading books with them in a relaxed and comfortable way. The library is situated in the School foyer. All books are

lent on a trust basis - simply borrow the book you like and return it when you've finished.

We do, however, encourage you to use a book bag. These can be purchased from the School Office for £2.00. **We are missing books from our library, therefore please could you check at home if you borrowed books last year and forgot to return them.**

### **New parent governors needed**

Our Nursery School Governing Body is made up of community, parent, staff and Local Authority Governors. Our Governors may come to us through a variety of routes and with a range of different backgrounds, skills and experiences, but they are all volunteers who work together for the benefit of the School and are the link between the School and the community it serves. We are currently looking for new parent governors.

Being a Governor can be enjoyable, stimulating and rewarding. Please don't be put off by thinking that you have to have specialist expertise or knowledge. Enthusiasm and interest is much more important to start with and there is tried and tested training and support available to help you throughout. Please remember you will be joining a long-established Governing Body and will be supported by fellow Governors with many years of combined experience.

If you would like more information, please contact myself (Simon) or Maggie.

### **Clothing**

The weather is very changeable at the moment so please ensure your child always brings a coat to school. As the weather gets colder, children will need appropriate clothing and footwear. We go into the garden in all weathers. All clothing and footwear must be labelled. It would be helpful if you could show your child how to put their hats and gloves into the sleeve of their coat when they take them off to prevent them being lost.

Spare clothes should be kept on your child's peg.

### **Sickness**

If your child has sickness and/or diarrhoea please remember that they must stay off school for at least **48 hours** from the last time that they were ill. Also it is the time of year where children get colds. If your child is unwell keep them at home and telephone the School on 0117 977 6171 to report the absence. We can only give prescribed medication at school that has a pharmacist sticker on the bottle or box with your child's name on it – we cannot give any medicines that you have bought over the counter.

If you or your child has COVID symptoms, please follow government guidance.

### **Froglets and wrap around care**

We still have places for wrap around care (morning and afternoon sessions) and also in breakfast club and after school club. Please see Hazel at Reception if you require a place and the relevant paperwork will be provided.

Children who are due to start wrap around or Froglets for the first time need the paperwork completed in advance of them starting.

Wrap around care is £22.00 per session (am or pm).

Breakfast club is £5.00 per day and includes a healthy breakfast.

After school club is £11.00 per day. Please note - a hot meal is provided at After school club at the cost of £2.15 per meal. Alternatively, you can provide a packed lunch.

### **Forthcoming events**

**Half term - School CLOSED from Monday 25 October to Friday 29 October (inclusive)**

**School CLOSED for INSET day - Monday 1 November**

**Return to school – Tuesday 2 November**

**School CLOSED for INSET day - Tuesday 4 January 2022**

## Packed Lunches



If your child is bringing a packed lunch to nursery school please remember the following points:

- Clearly label your child's packed lunch box with their name and key group on the outside of the box.
  - Remember that many pre-packaged items are adult portion sizes.
    - A child portion size is the size of their fist. A child may only need a half a sandwich - made from one slice of bread. A bag of crisps is an adult portion.
    - Beware hidden sugar. The NHS advice is children should have less than 19g a day for children aged 4 to 6 years old (5 sugar cubes or 5 teaspoons). A single miniature pot of yoghurt may have up 3-4 teaspoons of sugar.
    - Sweets and chocolate are not permitted because they contain unhealthy amounts of sugar.
    - Always include some fruit or fresh vegetables but remember that small tomatoes and grapes are a very common cause of choking in children, and should be cut in half **lengthways**.
  - Please do NOT include a drink in your packed lunch. The school provides water for all children (freely available all day). Current dental advice is that children aged 3 to 4 should not drink anything except water from a bottle. Fruit juices or squashes are highly acidic and high in sugar, and so cause serious damage to young teeth.
  - Please remember some children have allergies, we therefore request that you **do not** include nuts or nut products, such as Nutella, in your child's lunch box.
  - Please do not include cans or glass bottles/jars in your child's lunch box.
- If you have any queries about packed lunches or any issues relating to food at school or at home please talk to your child's key person and they will be very happy to help you or introduce you to another team member who can help.

**Thank you for your help.**